



**BVNA**  
British Veterinary  
Nursing Association

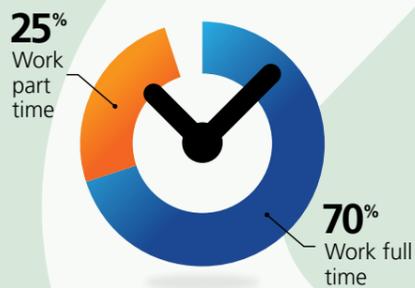
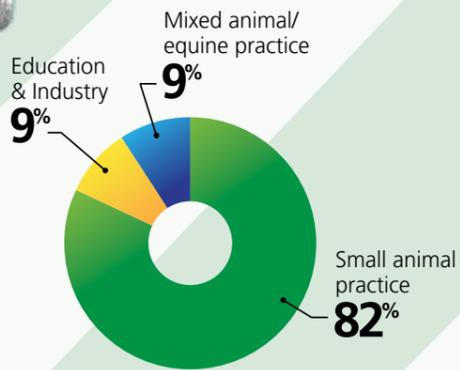
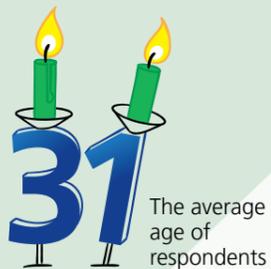
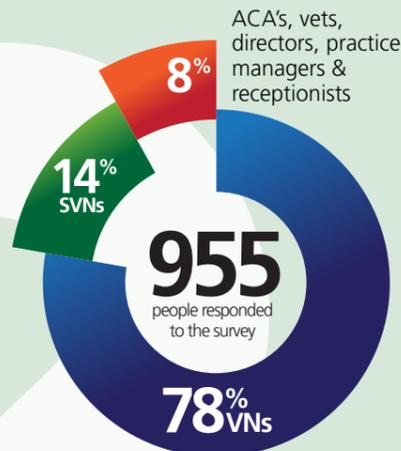
# CHRONIC ILLNESS Amongst Veterinary Nurses

We asked you to complete a survey for the BVNA Chronic Illness Campaign and here are some of the results.



## Campaign Aims

to develop a tool kit to help veterinary practices develop guidance & protocols to support VNs who suffer from chronic illness or conditions



**79%** said they had been affected or diagnosed with a chronic illness/condition & those 580 respondents went on to say....

**51%** Of these 79% respondents who have been affected by or diagnosed with a chronic illness 51% have more than one illness

**74%** work with someone that is affected with a chronic illness

Endometriosis Menopause  
Irritable Bowel Syndrome Anxiety & Depression  
Fibromyalgia Arthritis Migraine

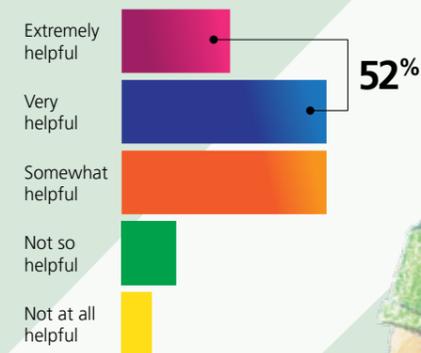
**81%** find it very challenging or challenging to work in veterinary practice

**93%** A staggering 93% feel guilty about not being able to carry out their role fully due to their chronic condition which means nurses are less likely to take time off they should

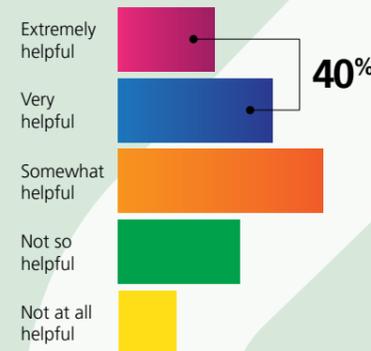
Poor Sleep Brain Fog  
Reduced Mobility Fatigue  
Anxiety Pain  
Depression

**83%** said their work place does not have a set of protocols for supporting those affected with chronic illness

Q How helpful have your work colleagues been when/if you needed support at work due to your chronic illness/condition?



Q How helpful has your line manager/s been when/if you needed support at work due to your chronic illness/condition?



## What can you do to help?

Look out for the BVNA tool kit & support your VNs who suffer from chronic illness or conditions.

## Where can you get help?

You can find a directory of where to get help if you suffer from a chronic illness or condition. Go to [www.bvna.org.uk](http://www.bvna.org.uk)

Campaign supporters



Artwork by  
*BURTONS*