



Saturday 10th October 2026 | Beckbury 4 | 13:45 - 15:15

Sunday 11th October 2026 | Beckbury 4 | 09:00 - 10:30

Speaker: Katy Brown RVN, DipAVN

Title: Hands-on CPR workshop



Katy is a dedicated veterinary nurse and holds an advanced diploma in surgical nursing. Trained as a RECOVER rescuer, Katy combines clinical expertise with a passion for teaching to elevate patient outcomes by teaching high-quality CPR and life-saving skills. Known for supporting teams with complex surgical and emergency procedures, Katy can be found in theatre or out in UK practices with veterinary nurses and surgeons helping them to extend their skills in resuscitation.

Synopsis:

This 90-minute interactive workshop is perfect for anyone wanting to feel more confident with CPR. At the start of the session, we will begin with an introduction to CPR, what it looks like to do CPR the RECOVER way. Utilising current guidelines to form our foundation knowledge.

We then move onto to practical hands-on sessions. Working in small groups and with the manikins to perfect our basic life support skills (BLS) Ensuring attendees can demonstrate correct positioning for compressions for maximum effectiveness.

There will be opportunity for a simulation and walk through of the RECOVER algorithm for those who wish to participate. Attendees should leave the workshop feeling confident in their BLS skills. Able to find additional resources and with an introduction to advanced life support.

Learning Objectives:

1. Be able to describe the methods of compressions for companion animals undergoing a CPA
2. Be able to describe the methods of ventilation for companion animals undergoing a CPA
3. Identify how and where to find additional information