

Saturday 5th September | 09:00 – 10:00

Speaker: Joy Shutt BSc(Hons) C-SQP RVN Cert&DipNCS(RVNCons)

Session Title: Weighing in on Nurse-Led Pet Obesity Clinics



Joy qualified in 2019, becoming the Head Nurse at her current practice in North Wales in 2023. She has a diploma in veterinary nurse consulting, with her passions including feline health and behaviour, senior pet care, anaesthesia and surgery. Joy is a course assessor for Colourful CPD, mentoring vet nurses through their consulting qualifications, alongside studying a feline behaviour course with International Cat Care. She also organises and hosts regional and online CPD events as a volunteer BVNA Advocate.

Synopsis:

Pet obesity is an ever-growing problem where nurses can have a real impact. Running well structured clinics and having confidence when making recommendations will increase the chance of success, as well as fuelling job satisfaction. This session will provide the basis for each stage of the clinic, whilst remembering that each individual pet will benefit from a tailored approach. The client-nurse bond that develops will be important throughout the pet's life, as our support does not stop when the target weight is reached.

Learning Objectives:

1. How to approach obesity within Schedule 3.
2. Confident patient assessment and nutritional recommendations.
3. Structure and implement an action plan to achieve tailored goals.
4. Reflect the value of nurse-led clinics with fees and marketing.